



Brackenley News

SPRING 2021

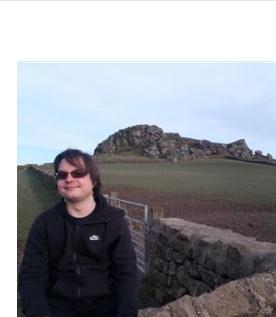
Looking forward to Spring & Summer with Optimism ...



Here at Brackenley we have created a corner of optimism in our lounge - a lovely colourful display of all the things we are looking forward to as we move into Spring & Summer, some of "cloud wishes" were about being able to go to places that have been closed to us but interestingly most of our staff and residents are just looking forward to flowers, warm sunshine and getting out in the gardenit's been a long Winter!

We hope our friends and families also have experiences and adventures to look forward to in Spring & Summer 2021.

Still getting out and about ..



A fresh air walk and a drive through Coffee gives us a safe change of scene and blows away the cobwebs. Being able to get out in our WAV continues to be invaluable!



THE HS4LC HARROGATE CHOCOLATE FACTORY CAFE

Work is well underway for the Harrogate Chocolate Factory Cafe and supported employment training at 1-2 Odeon buildings Harrogate - hoping to open to everyone towards the end of May and really looking forward to coffee, cake and of course chocolate. Our residents are looking forward to being amongst the first to visit!



A message from Jan

Hello again... thank goodness we are now tentatively coming out of our third lockdown. As a team we agree that this one has been the hardest one to date but we have still found loads of fun stuff to do with our clients including snowman building in our lovely garden. We are using the WAV to take the clients out to quieter destinations where they can have a walk and a change of scenery. We have a lot of fun and unique activities planned for the coming weeks and months and some of our clients will be able to access their daytime activities from early May.

I would like to thank family and friends for being so supportive throughout this dreadful pandemic your kindness and understanding has made our job easierThank you



VISITING AT BRACKENLEY IN THE SPRING

There has been much in the press and media over the last few weeks around care home visiting and we thank our families for their patience in bearing with us during the shifting guidelines and advice from Public Health England and the Local Authority. It has been lovely recently to use our rapid tests to support some of our families to be able to sit closer / hold hands and feel a little less remote during visits. Do contact the home to discuss when you want to plan a visit and we'll talk you through how we are supporting this.



Our new Curtained Gazebo is just one of our outdoor spaces for garden visits.

Comic Relief & fun in the snow in February!



February was a fun month at Brackenley, we made full use of the garden in the snow and made an army of snowmen that stayed with us for several days. Comic relief and Valentine's Day were all good reasons to keep up the fun decorating and being inventive with Disco Bowling!



Look up our memory Books on the Dignity Council Website...

[HTTPS://WWW.DIGNITYINCARE.ORG.UK/DIGNITY-IN-CARE-EVENTS/MEMORY-BOOK/?ID=690](https://www.dignityincare.org.uk/dignity-in-care-events/memory-book/?ID=690)

Every year in February we put the spotlight on Dignity, and how staff can embed this principle in all their care delivery from meal support to communication to making residents feel valued. We ask our residents to tell us what dignity feels like to them and year on year we add to our dignity pledges on the permanent dignity Tree in the entrance to the home. This is the third year we have shared our activities with “Dignity in Care”, have a look at their website (above) to see what other providers have been doing too.

MEMORY BOOK

Dignity for 2021 Brackenley



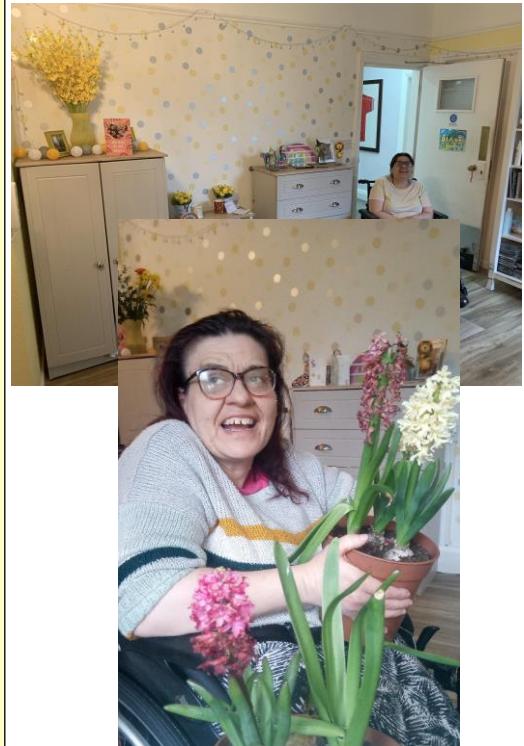
Earlier this month we spent time talking about the types of support that make our residents feel loved and cared for. We discussed how dignity was a type of good feeling and not just about privacy. Our residents really enjoyed the conversations and added their statements and ideas (along with the staff) to our permanent Dignity Tree in the entrance Foyer of the building.

[Previous](#) | [Memory book](#)

Dianne's Room gets a makeover and Dianne starts her gardening mission!

Dianne had been asking to replace the carpet in her bedroom with a hard floor for a while and the restrictions of Covid had meant this had to keep being delayed. Finally we were able to schedule a window for a safe re-fit and Dianne then chose a beautiful grey and yellow colour scheme in her favourite "Dotty" design complete with new furniture including a low height accessible wardrobe. Dianne is thrilled with the new look which showcases her impeccable taste in interiors...well done Dianne , I think we can get you a spot on Interior design Challenge!

Also this month Dianne has been enjoying the results of her bulb planting in September. One of Dianne's goals over the last few month is to get more involved in gardening starting with Spring bulbs. The hyacinths she planted have brightened up our entrance and smell amazing.



PETER WHITE COMES HOME!

It was great to finally welcome Peter White back to Brackenley after nearly a year isolating with Mum & Dad. Peter wasted no time getting to know Dylan with a game of backgammon - of course!

A message from Julia Moor

One year ago, none of us would have predicted the situation we'd find ourselves in Spring 21, yet here we are living our new normal, our great team have been with us all the way keeping our clients safe and happy. Vaccines for all our staff and clients have given us renewed comfort and the first rays of Spring sunshine are lifting everyone's spirits. We hope all our families and friends are also feeling more positive and we look forward to arranging long awaited visits, walks and garden picnics with you.



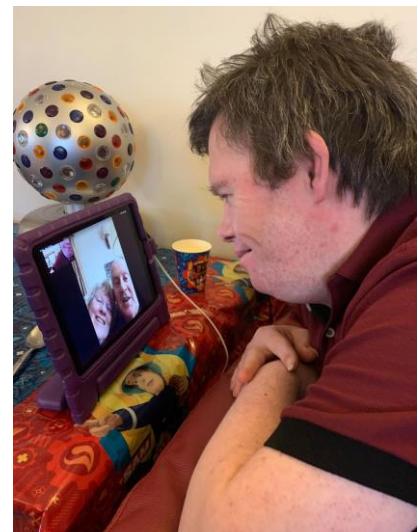


Austrian day!

At the end of January we decided to do an Austrian Activity, The Sound of Music is universally popular at Brackenley and .

all of the resident's agreed this would be a happy and relaxed January activity so we decided to enjoy a morning of coloring in Austrian flags to start off with and listening to some Austrian inspired music.

The resident's then enjoyed their lunch and then around 2pm we decided to watch The Sound of Music in the lounge accompanied by croissants which we realised were not actually French! But Austrian!



Brackenley Birthdays continue to be celebrated in personalised ways to support our residents to enjoy their special day. Paula celebrated a big one this year and had a day of fun and surprises and Peter enjoyed family time on Zoom and a Brackenley party.